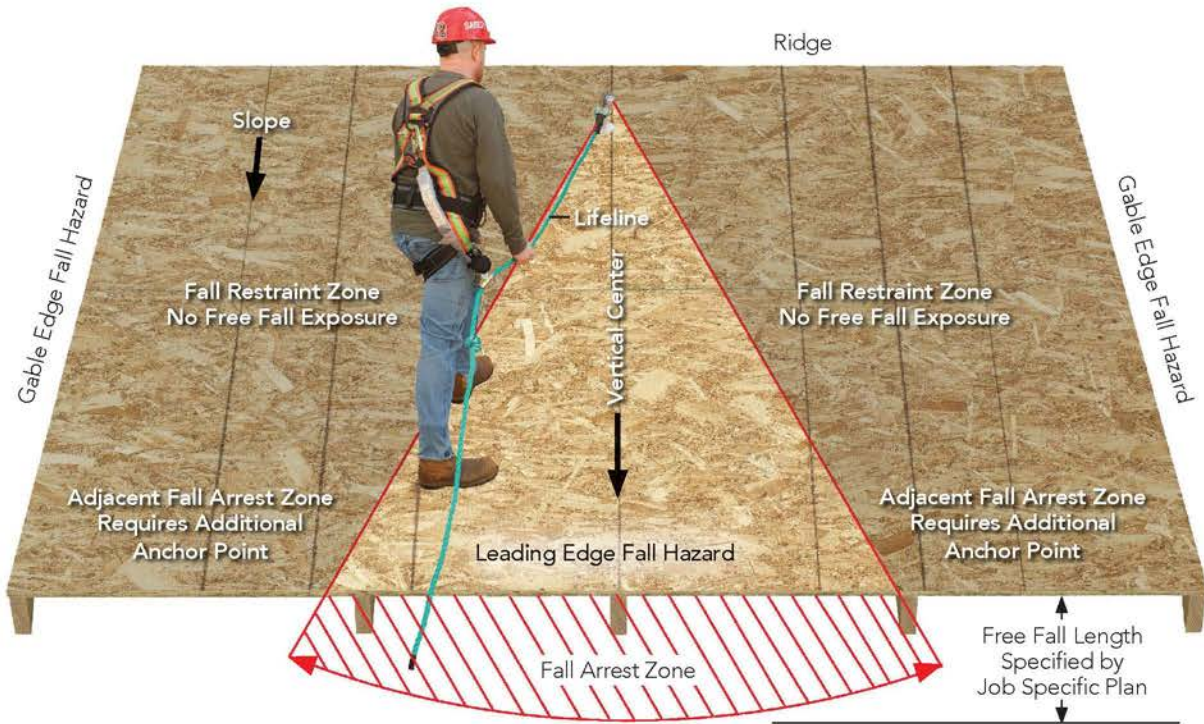


# Fall Restraint Example

Fall restraint is any area outside a designated fall arrest service zone. To prevent travel over a leading or gable edge fall hazard, adjustments are made to the lifelines length using a rope grab. A limiter knot can be used to limit or prevent a rope grabs movement beyond a certain point and acts as a fail safe or warning device when getting too close to a fall hazard.

## Fall Restraint Rigging Example w/Vertical Lifeline



Note: SRLs are not designed to restrain a worker from traveling over a leading edge. For that reason a Class 2 SRL-LE can be used in lieu of a lifeline system in fall arrest.

### Limiter Knot/Failsafe

When correctly positioned on the lifeline, a limiter knot and rope grab can be used as a gauging device that will prevent a worker from traveling too close to a free fall hazard.

Fall Restraint allows a worker to travel outside a designated fall arrest zone by adjusting the workers position on the lifeline with a rope grab and limiter knot.

